

Psychic Jewels from Carmen Harra

By Susan M. Kirschbaum

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Although she told J Lo that she'd make love to Ben in her P Diddy days and Hilary Rodham Clinton that she'd be senator of New York long before her candidacy, Carmen Harra, New York based psychic to the stars, was a favorite with the fashion flock long before Hollywood and Washington came knocking.

Harra, author of "Everyday Karma" (Ballantine), a book that teaches how to tap into one's personal intuition to change one's destiny, has done sessions with photographer Mario Testino, social maven Cornelia Guest, and a bevy of top editors at the New York Times fashion pages, Visionaire, and Harper's Bazaar.

And now she's using fashion as a way to heal energy imbalances in the body: necklaces, bracelets, and earrings called "Karmic Jewelry" a line that she claims will literally make wishes come true.

"For thousands of years, jewelry was meant to protect and change our body frequency," she tells FWD. "If the tone of the body is closing the best way to open it is with frequency of stones from the earth. It's about empowering your own frequency."

"You judge people by what they wear." She says. The more colorful you are, the more balance you create in your system. And designers are now tuned in. You see this combination of color, in a way they never did before. Designers are using stones they never used."

A locket shaped like a small pyramid -- available in gold, silver, or costume stones -- will be the secret weapon of "Karmic Jewelry." According to Harra, if the wearer places a written missive inside the pyramid and wears it around his or her neck for seven days -- "7" being the mystical psychic number -- the wish will come true.

Harra's paranormal powers took her by surprise. As a toddler she fell into a river in her native Romania, drowned, and crossed to the "other side" before her father dived in to bring her back to this world. She returned with a gift of premonition which she later mastered as a young woman, while communicating with her dead grandfather on a wigi board.

FWD asked a few questions that have recently tapped into fashion's "collective consciousness:"

FWD: What will become of Tom Ford?

CH: "He'll take a break. he's disappointed with what is happening in the fashion industry. When you have such a vision. Being a huge fashion designer is like being a huge painter. Even a fashion designer or artist can be misunderstood. He felt in conflict with people around him.

He'll consider other avenues to express himself. I think he'll get into film and philanthropy. Some forms of investing, in real estate and in charity. And I see him directing or producing a movie in the next two years.

I don't see him going back to Gucci. He feels very hurt. There are other offers but he's not interested to going to the competition.

He wants to free himself from working in the same way or patterns. He feels like he's reached a stage when he's got nothing new to bring to the table. When you reach a peak, you fear repeating yourself.

Tom is the kind of guy who either does the best or doesn't do it at all."

FWD: And Donatella Versace?

CH: "That line has reached a peak. It will stay popular for three to four years but not any more after that. A line carries the significance of who is designing it. Gianni could never be replaced."

FWD: And what colors do you recommend for depressed Xanax popping fashionistas? Perhaps Donatella should take some notes for next season.

CH: "Dark colors all the time shut off the system. Black every days shuts off energy points. If you have low blood pressure, wear red. White means hope. Purples increases spirituality. Jade and green bring financial gain. And blue elicits happiness and wisdom."

Karmic Jewelry will be available soon on a major cable shopping network. (Stay tuned.) Carmen Harra will be available for psychic/karmic consultations: \$250/45 minute session. Prices fluctuate according to time allotted to reading. Information available at www.carmenharra.com